

Yoga for Women

Ruth Winston Centre

Time: Thursday 7.45pm.

Guided by: Certified Yoga Teacher, Natalia

Adults (18+) Hatha Yoga Class
Beginner friendly. All levels welcome.



About me:

I am teaching across gyms and studios in North and Central London.



PRICE: £9 per class.

Call, text, WhatsApp to book your space:
07404828919



@Tranquilnatalia

Book Here!

