

# FREE EVENTS WELLNESS MONTH



**BOOKING IS REQUIRED AS PLACES ARE LIMITED**

**3**

JUNE

## **WEIGHT LOSS AND HEALTH ADVICE**

Wednesday  
10am-12pm

Tutor  
**Nilton Mandelli**

**10**

JUNE

## **HEALTH BENEFITS OF HOMEOPATHY**

Wednesday  
10am-12pm

Tutor  
**Renata Gabor**

**17**

JUNE

## **ACUPUNCTURE TALK & TAI CHI TASTER**

Wednesday  
10am-12pm

Tutor  
**Sam Ma**

**22**

JUNE

## **PROSTATE CANCER**

Monday  
2pm -5pm

Tutor  
**Errol McKellar**

**24**

JUNE

## **SAFER STREETS**

Wednesday  
10am-12pm

Tutor  
**Safer Neighbourhood Team**