

## WELCOME TO THE NEWRUTH WINSTON NEWSLETTER

Every three months we hope to bring you a newsletter featuring all of the activities and events, which are taking place in the Centre. We feel that people attend their own class or activity but are unaware of what goes on in the rest of the Centre. Lots of information is given on posters around the Centre, but people do not always read them. We hope to interview volunteers, keep you up to date with future activities and ask you to contribute in any way you can, to make our newsletter interesting. So, here goes!

Did you know that we have a Library and a Librarian? The Library is in the Edith Simpson Room (that's the room on the left as you come through the security door). You can borrow a paperback for 50p or a hardback for a £1. You may keep the book if you wish, or bring it back.

Our Librarian is Penny Cornell. She has been a member of our Centre for nine years. She organises the books and those that have been on the shelves for a long time are taken out and given to a charity shop.

Now that you know we have a Library, do go along and borrow a book. The favourite ones seem to be Margaret Graham, Martina Cole and Agatha Raisin. So, maybe you will find the book you are looking for.

Penny is not only our Librarian, but she comes to the Centre on Mondays, to knit and on Thursdays to help with the Lunch club. She has a very varied private life. She has 8 great grandchildren, 6 grandchildren, a dog, two cats and six goldfish! She paints, and has sold several of her pictures. She loves cooking and gardening, and grows her own vegetables. One wonders where she finds time for herself. Well done Penny!

### The Edith Simpson Room

This room was named after Edith Simpson, a Scottish lady who was the Lady Mayoress when Ruth Winston was Mayor from 1958 to 1959.

### Recipe from our kitchen

We have a Lunch Club, and every Thursday we cook a lunch for on average 20 to 35 people. The cost is £4.50 which is fantastic value. The food is delicious! So the other week there was Apple Crumble on the menu and as it was so good we thought you would like the recipe:

#### Apple Crumble

<b><u>Ingredients:</u></b> 8oz plain flour	4 large Bramley apples
5oz margarine	Splash of orange juice
2oz sugar	1 teaspoon cinnamon
1 packet Ginger Nut Biscuits (McVities)	Handful of sultanas
Brown sugar for topping.	

#### Method

Mix flour, margarine and sugar to crumble mix. Crush the biscuits to a fine crumb. Peel and slice the apples, cook with the orange juice and cinnamon, but keep firm. Layer in the bottom of an oven-proof dish. Sprinkle the sultanas on top of the apples and sprinkle with sugar. Layer the crumble mix on the top, cover with the biscuit mix and sprinkle with a little brown sugar. Bake for 30 – 35 minutes at gas mark 6 or electric oven 180c. ENJOY!

### Our Lunch Club – Every Thursday

You may be surprised to know that our kitchen staff consists solely of volunteers. The volunteers who cook arrive at the Centre at 8am, sometimes before, and finish at 2pm. So why not come along to our Lunch Club at 12pm. Please go to the office to book your place before Thursday and enjoy more recipes by our wonderful cooks. More about our kitchen staff in future issues.

### Drama Group: The Ruth Winston Players

On the 19<sup>th</sup> May the Drama Group presented their first play this year called The Three Sisters. They have been presenting two plays a year for the last seven years written by Iris Macer and produced by Yvonne Laws. They always get a full house and this makes it all worthwhile as they make money for the Centre and everyone has an enjoyable afternoon.

They meet on a Friday afternoon from 2.15pm to 4pm. New members are always welcome especially helping back stage.

### Bazaar

On the 6<sup>th</sup> May we held a Bazaar in which quite a few volunteers helped to run the stalls. When we have the next one, please put your name on the list of helpers in the office and lend a hand. You meet lots of interesting people and will be helping to raise funds for the Centre. This time we raised £687, so it was well worth the effort.

### Poetry Group

This Group meets on the third Wednesday of the month at 1.15pm to 2.15pm. Yvonne Laws, who produces for the Drama group also runs this group and would love to see new members. So why not go along on a Wednesday if you are interested in poetry. Below is a poem written by Yvonne -

#### WEATHER – THE TOPIC WE LIKE BEST.

The sun is warm  
The wind is fair  
It ripples lightly through my hair  
I'm sure that summer is on the brink  
At least that's what I think I think

But hang on a minute  
There strikes a chill  
I cannot sit and be quite still  
The winds of change are here again  
And summers gone exchanged for rain

I know we all expect the seasons to do the right thing  
And stay in their allotted space  
But whatever we want is just not happening  
Spring, summer, autumn and winter  
Are all over the place

Oh well, that is what our weather is  
Something we can discuss every day  
It makes our lives an interesting mix  
Tropics in February, snow in May  
Never a dull moment so they say  
Just a wet and cold one!

### Up and coming events at the Centre

<u>July</u>	Membership renewal Begins	new membership forms to fill in	Mon 3rd
	Strawberry Tea Sing-a-long	Cream Tea	Thurs 20th
	CARIBBEAN DAY	7 piece Steel band BBQ and more	Sun 16th
<u>August</u>	Music in the Park	Live music and Tea Stall	Sun 6 <sup>th</sup> & 20th
	Memory Lane Café and Sing-a-long	Quiz, Tea, Cake, Songs	Thurs 17 <sup>th</sup>
	Summer Bank Holiday	CLOSED	Mon 28th

Well that's all for this month. Hope you found our first newsletter interesting. Don't forget we look forward to your contributions to the letter in the future.

**IRIS MACER**  
**EDITOR**  
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